

THE FRUIT OF THE SPIRIT

Objective for Learning: To comprehend the importance of cultivating the fruit of the Spirit in your everyday life.

Objective for Living: To be able to exhibit and manifest the fruit of the Spirit in everyday life.

Objective for Reproducing: To be able to help cultivate the fruit of the Spirit in the lives of others.

Scriptures for the Fruit of the Spirit:

- Galatians 5:22-25
- 1 John 4:16
- 1 Corinthians 13:4-7
- Romans 5:1
- Nehemiah 8:10

- Romans 15:13
- Colossians 1:11
- Ephesians 4:2
- 2 Corinthians 6:6-7
- 2 Peter 1:5-7

How do each of these Scriptures help to **define** and **illuminate** what accountability is and why it is important?

Hearing (Discussion Points and Questions):

Overview:

The fruit of the Spirit is the residual overflow of the Spirit of God living inside of us that manifests in our everyday thoughts and actions. When we begin to follow Jesus, we crucify our sinful nature with its passions and desires and instead make the volitional decision to walk in step with the Spirit instead (Galatians 5:24-25). As this process of sanctification continues, our flesh loses its grip on us and the Holy Spirit becomes more and more powerful in the directing of every aspect of our life. As this occurs, our natural responses become supernatural. Even our involuntary reactions become affected by our constant sowing into the Spirit, which gives birth to what we call the

fruit of the Spirit. These powerful responses and actions bathed in love, joy, pace, patience, kindness, goodness, faithfulness, gentleness, and self-control allow us to live out the Lord's prayer to see aspects of heaven coming to earth through us.

Questions for Learning and Living:

- ∉ What is so counter-cultural about living a life that is saturated with the fruit of the Spirit?
- \notin Which fruits are the easiest for you? Why do you think that is?
- ∉ Which fruits are the most difficult for you? Why do you think that is?
- ∉ How do you cultivate these fruits of the Spirit in your life?

Questions for Reproducing:

- ∉ How do you encourage and effectively help others to grow in the fruit of the Spirit?
- ∉ What are some ways that you have grown in these specific fruits of the Spirit? How can you reproduce that in others?

Doing (Implementation and Application):

- What is Jesus saying to you about this?
- How are you going to respond? Look at your personal discipleship assessment.
 - Give 1-3 concrete action steps that you are going to do this week to help you take the next step of learning, living, or reproducing in this area.
- Choose one of the Scriptures that really impacted you and commit to memorizing it this week.